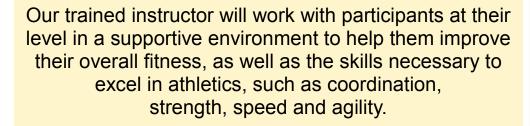
Raleigh Parks and Recreation Department

Youth Fitness & Athletic Development Program

Classes beginning in September 2012 at these sites: Lake Lynn, Millbrook Exchange, and Kiwanis Park!



Through age-appropriate activities and game play designed to make exercise fun, participants will gain confidence and improve their overall health and fitness.

Millbrook Exchange			Course Fee: \$48	
Ages 14-18yrs	#131411	Thur	Sept 6-Oct 11	3:00-3:45pm
Ages 14-18yrs	#131412	Thur	Oct 18-Nov 29	3:00-3:45pm
Lake Lynn		Course Fee: \$48		
Ages 6-9yrs	#131409	Sat	Sept 22-Oct 27	12:45-1:30pm
Ages 10-13yrs	#131410	Sat	Sept 22-Oct 27	1:45-2:30pm
Kiwanis			Course Fee: \$48	
Ages 6-9yrs	#131405	Mon	Sept 10-Oct 15	4:30-5:15pm
Ages 10-13yrs	#131407	Mon	Sept 10-Oct 15	5:30-6:15pm
Ages 6-9yrs	#131406	Mon	Oct 22-Nov 26	4:30-5:15pm
Ages 10-13yrs	#131408	Mon	Oct 22-Nov 26	5:30-6:15pm

Register online: **reclink.raleighnc.gov** or at your local community center!





Location Information:

Lake Lynn Community Center 7921 Ray Rd Raleigh, NC 27613 919-870-2911

> Millbrook Exchange Community Center 1905 Spring Forest Rd Raleigh, NC 27615 919-872-4156

Kiwanis Park c/o Optimist Community Center 2525 Noble Rd Raleigh, NC 27608 919-870-2880



